

Lp-PLA2-冠心病的生物标志物

李珊珊
北京大学人民医院

主要内容

- 1.Lp-PLA2的基本介绍、作用机制和特异性
- 2.Lp-PLA2致动脉粥样硬化的机理
- 3.Lp-PLA2与冠心病的相关性
- 4.Lp-PLA2与降脂药物相关性
- 5.Lp-PLA2的抑制剂-Darapladib

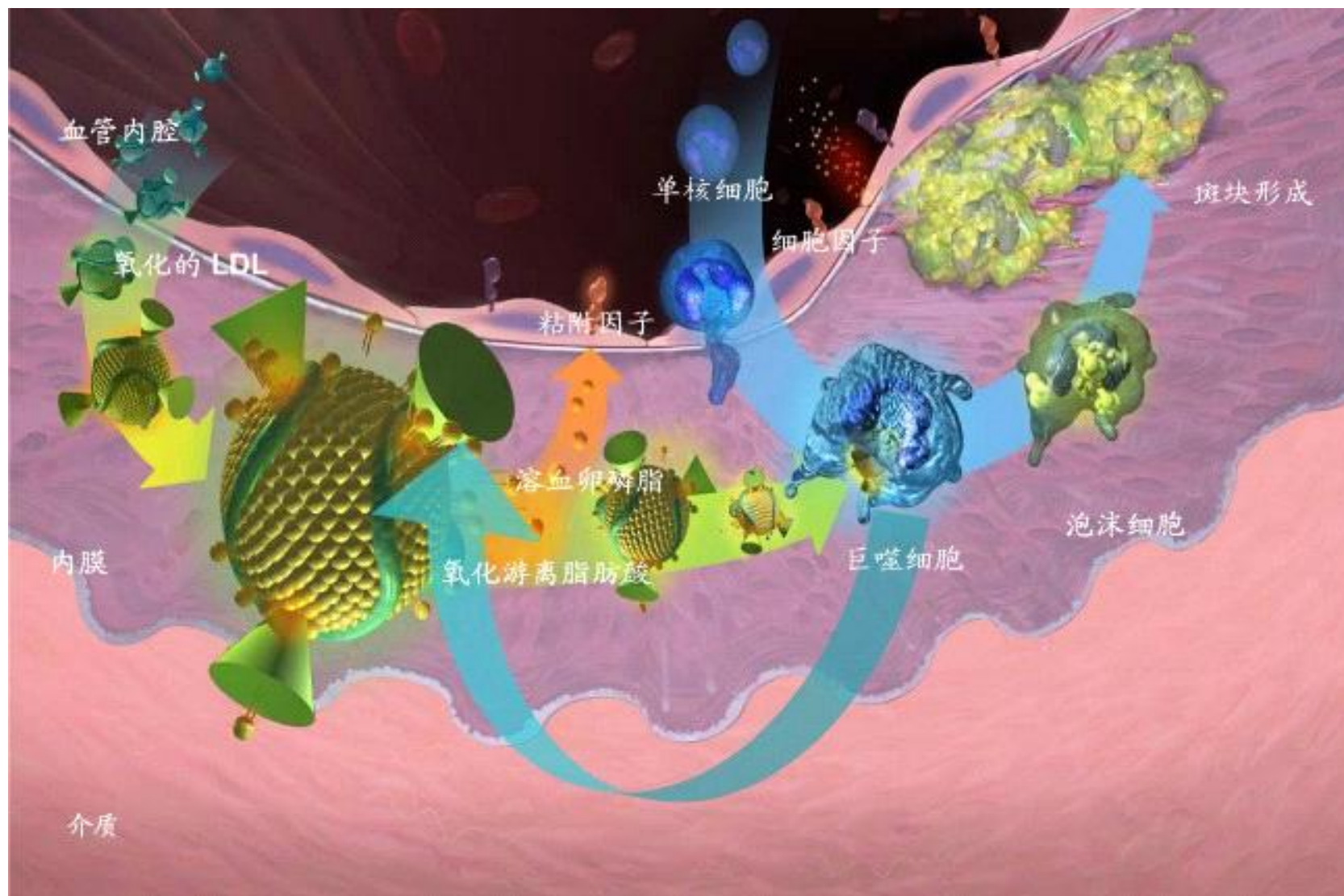


Lp-PLA₂的基本介绍

- 同义词:
 - **Lp-PLA₂**
 - **PAF-AH** (血小板激活因子乙酰水解酶)
- 由动脉粥样硬化斑块中的炎症细胞表达
- 主要由巨噬细胞/单核细胞，T细胞和肥大细胞生成
- 与LDL颗粒中载脂蛋白B的负电荷区域结合在循环系统中运输



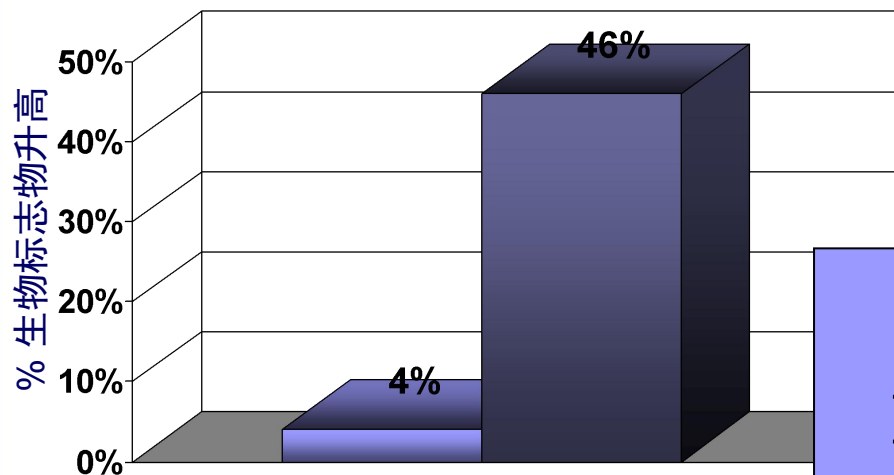
Lp-PLA2作用机制



Lp-PLA₂的特异性

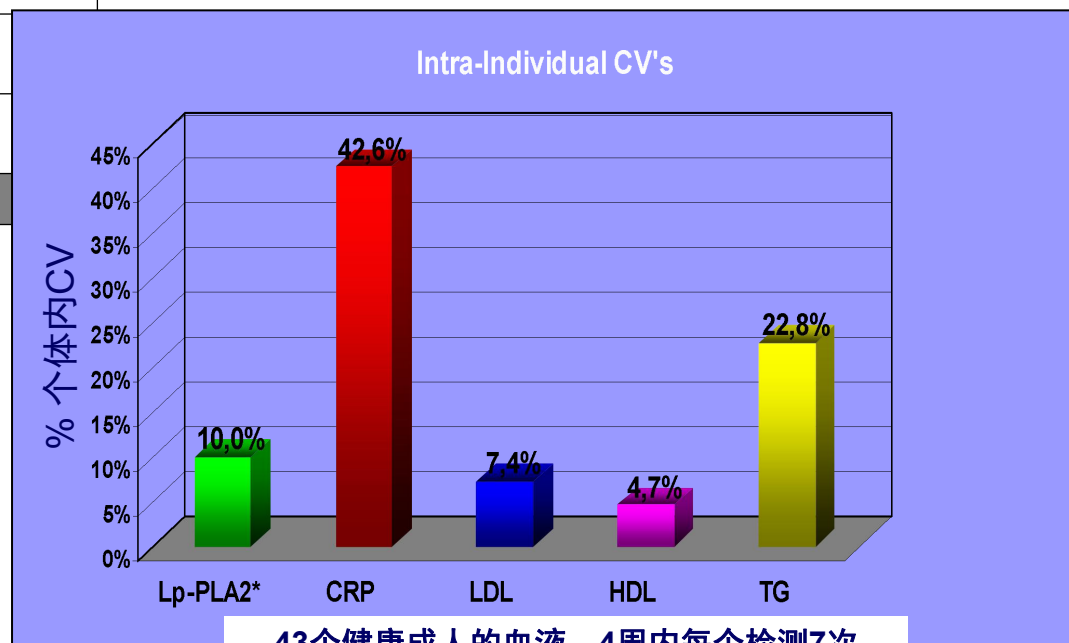
健康个体的Lp-PLA₂ 升高不明显

■ Lp-PLA₂ > 250 ng/ml ■ hsCRP > 3 mg/L



血液来自于90位无心脏病健康个体

Lp-PLA₂生物变异性低

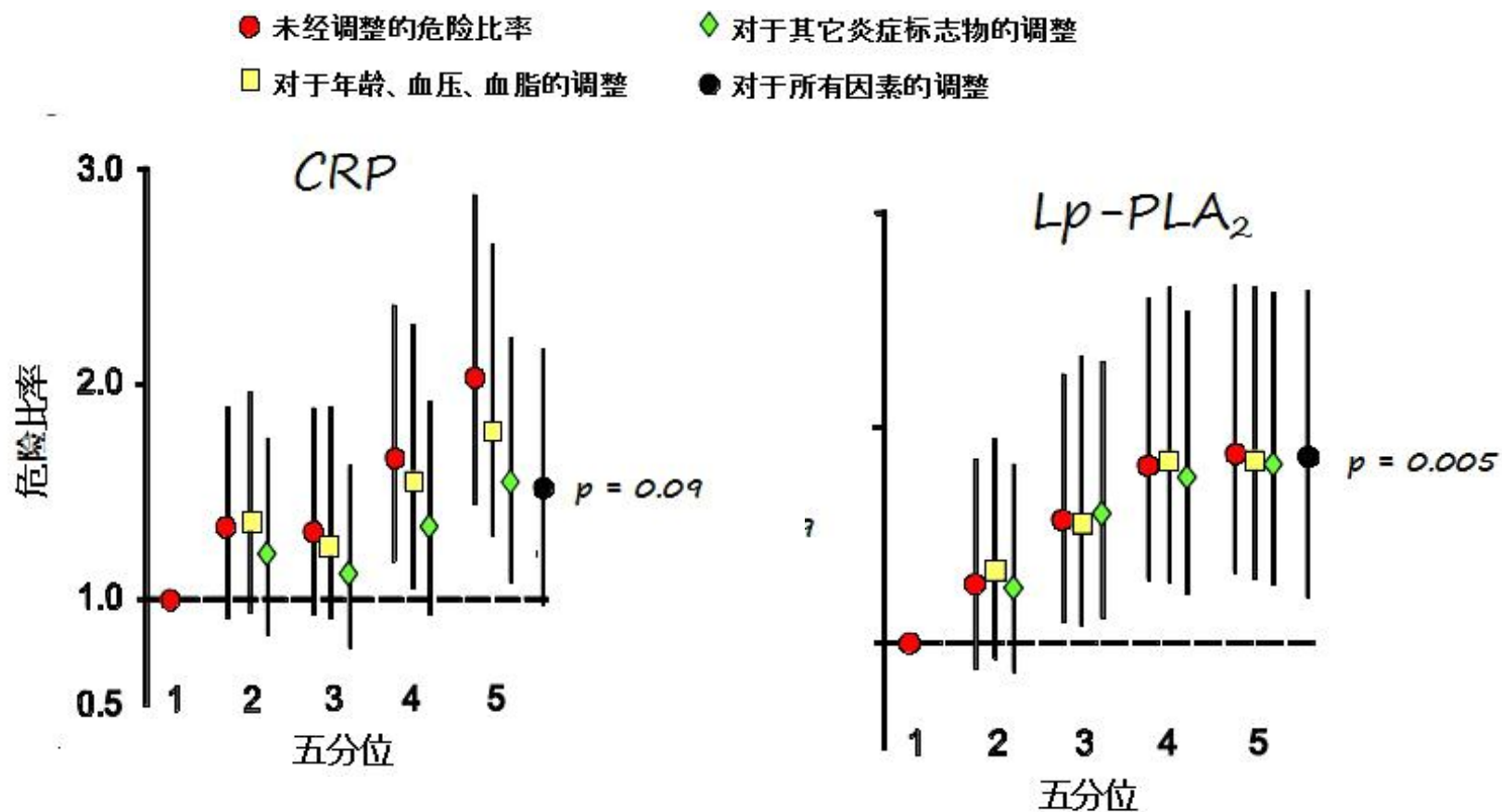


43个健康成人的血液，4周内每个检测7次



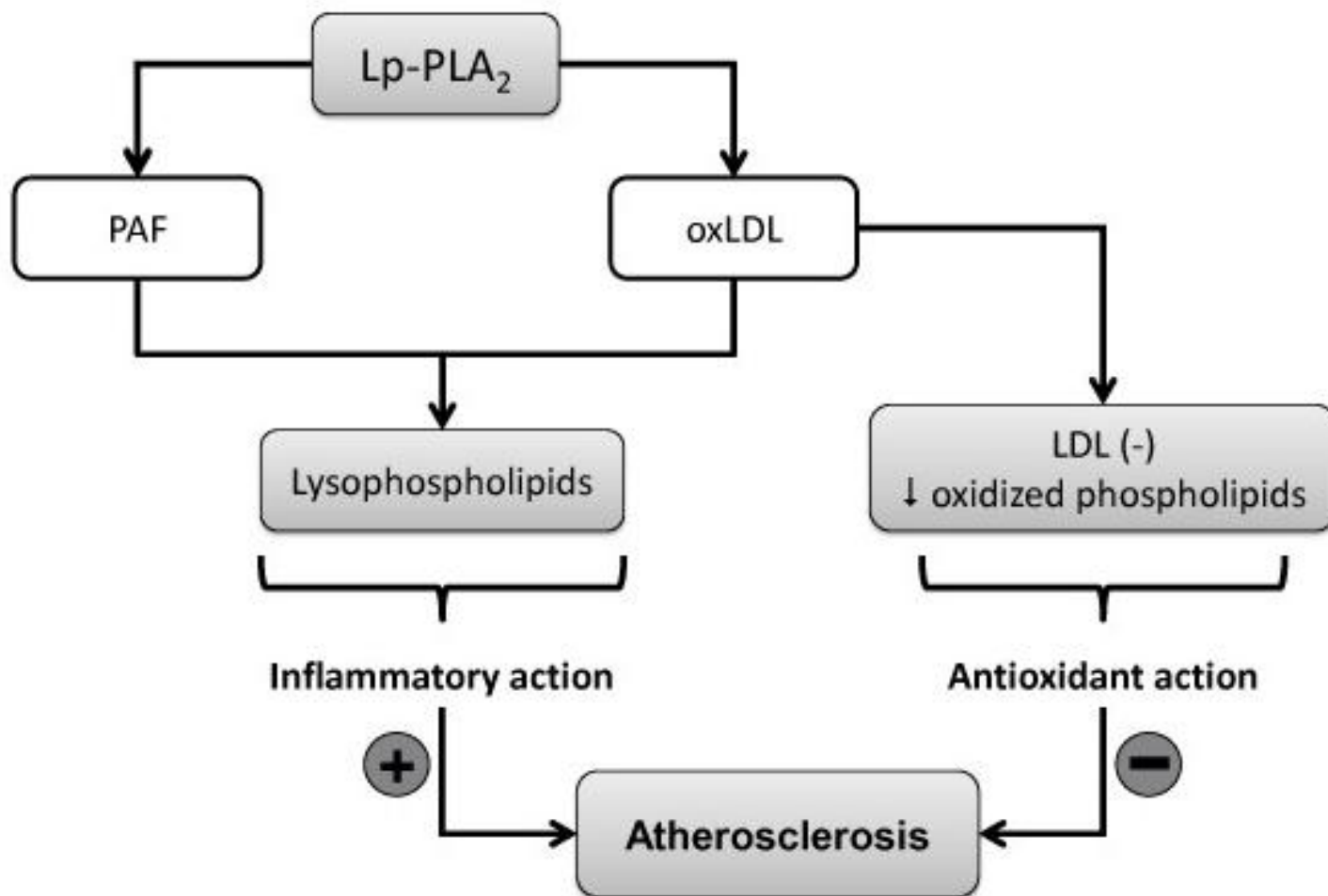
北京大学人民医院
PEKING UNIVERSITY PEOPLE'S HOSPITAL

Lp-PLA₂的特异性



Lp-PLA₂的价值并没有被多变量调整而削弱

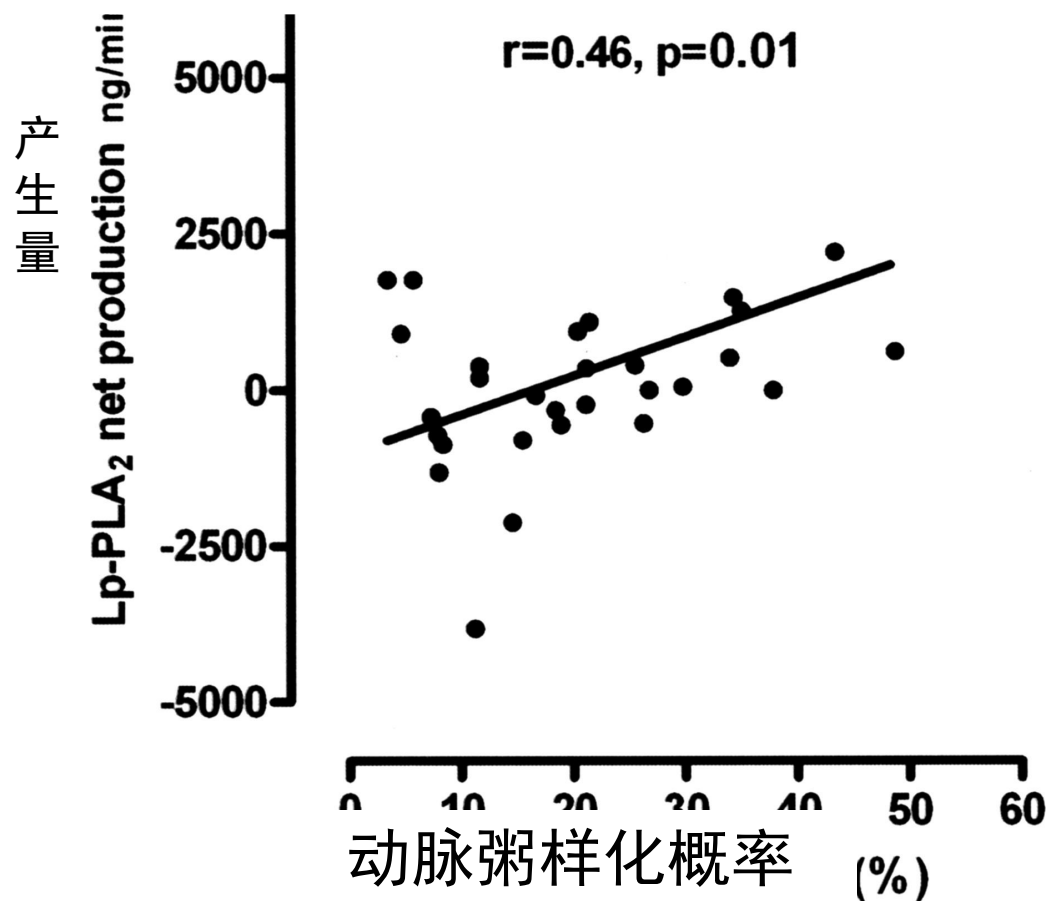
Lp-PLA₂致动脉粥样硬化的作用机理



Antioxidant and inflammatory aspects of
lipoprotein-associated phospholipase A₂ (Lp-PLA₂): 2011

Lp-PLA2与冠心病的相关性

Lp-PLA2 产生量和动脉粥样硬化的相关性



American Heart
Association 
Learn and Live



北京大学人民医院
PEKING UNIVERSITY PEOPLE'S HOSPITAL

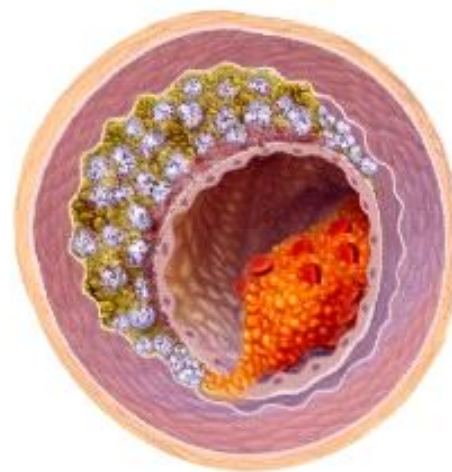
Lp-PLA₂与冠心病的相关性

- Lp-PLA₂的水平随着冠脉斑块的变化而变化，即动脉粥样硬化斑块恢复时，Lp-PLA₂水平降低。



稳定粥样斑块

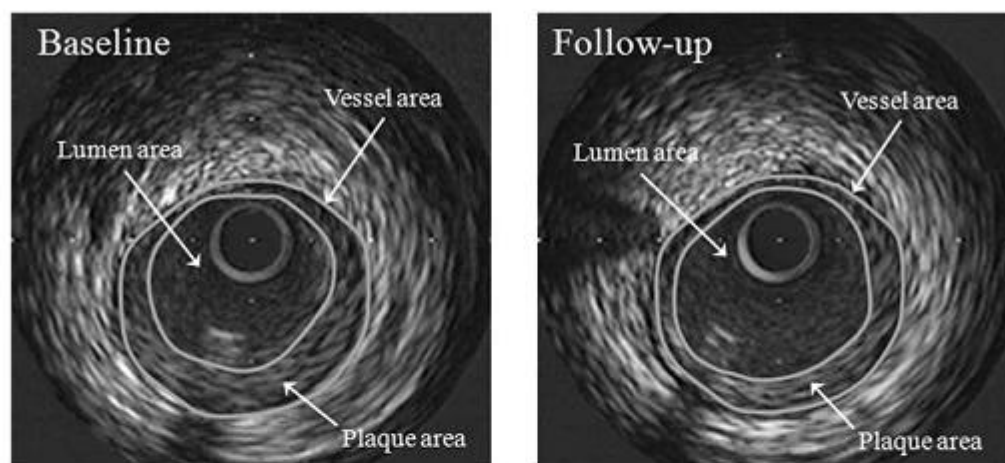
Lp-PLA₂ 含量低



不稳定粥样斑块

Lp-PLA₂ 含量高





	Baseline	Follow up
Plaque volume (mm ³)	100.1	89.2
Lp-LPA2 (IU/L)	502	237
LDL-C (mg/dL)	118.1	53.2
HDL-C (mg/dL)	48.1	47.8
LDL-C / HDL-C ratio	2.46	1.11

Fig. 1. Example of baseline and 6-month follow-up IVUS images and biomarkers. Eccentric plaque is observed at non-PCI proximal site in left anterior descending artery. Lumen is significantly enlarged whereas plaque and circulating Lp-PLA2 levels are reduced in patients treated with statins for six months.

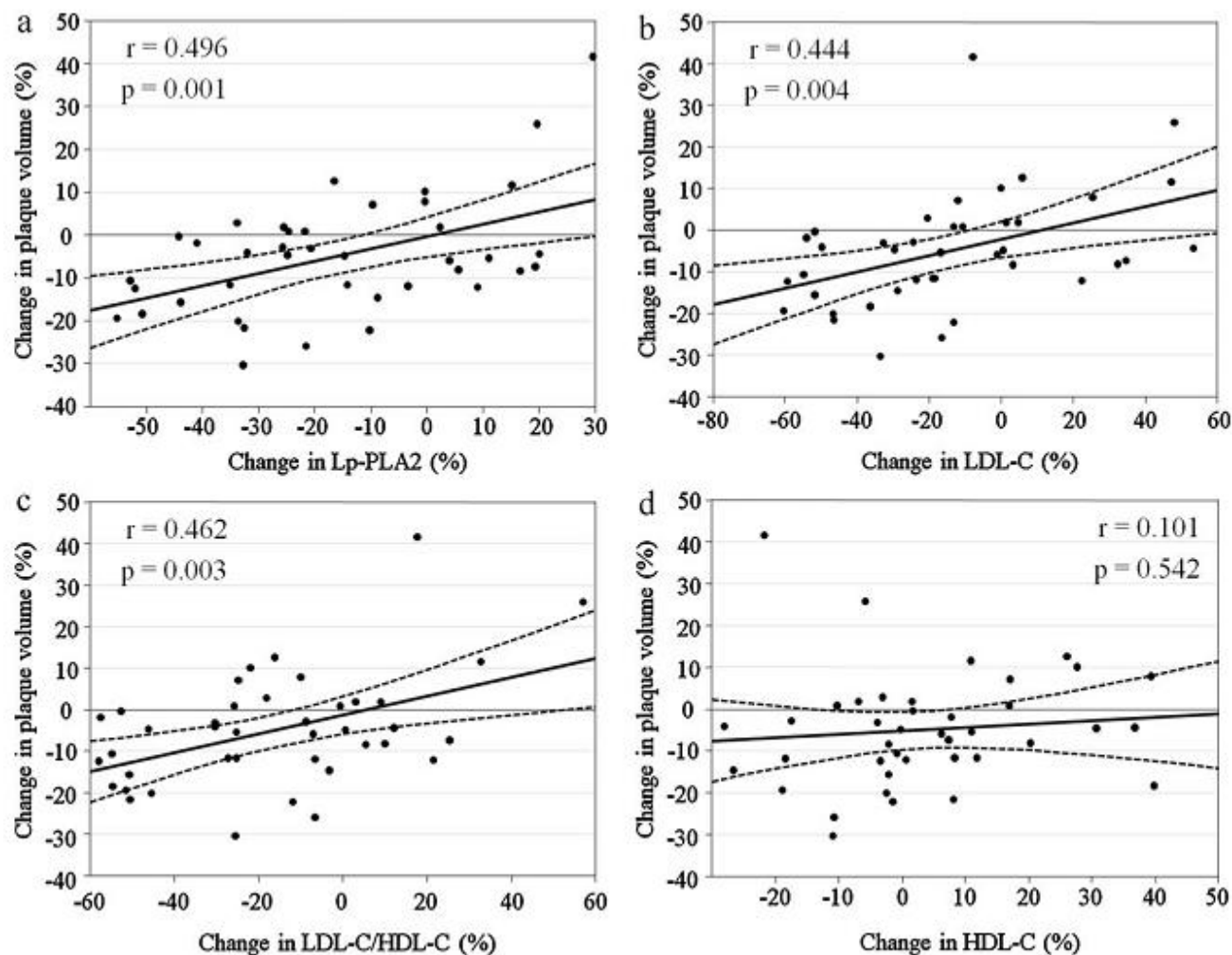


Fig. 2. Correlation between % change in plaque volume (PV) and in levels of various biomarkers in patients with ACS. Correlations were significant between % change in PV and levels of Lp-PLA2 (A) and LDL-C (B) and % change in LDL-C/HDL-C ratio (C), but not between % change in PV and HDL-C levels (D).

Lp-PLA2与降脂药物相关性

- 服用降脂药的CHD比未服用降脂药的CHD的Lp-PLA2的活性明显降低。许多他汀类药物（如阿托伐他汀、普伐他汀、氟伐他汀、瑞舒伐他汀、辛伐他汀）可以降低血浆中Lp-PLA2的水平。
- 在血浆中，Lp-PLA2 70%与LDL结合在一起，他汀类药物在降低LDL的同时，也会相应降低Lp-PLA2的水平。但是，他汀类药物在降低LDL和Lp-PLA2时，其降低的程度不同。
- 如有实验证明阿托伐他汀降低48%的LDL而降低26%的Lp-PLA2水平；氟伐他汀降低29%的LDL而降低22.8%的Lp-PLA2水平。



Lp-PLA₂与降脂药物相关性

降脂药物对Lp-pla2活性及浓度的影响

依替米贝

罗素伐他汀

非诺贝特

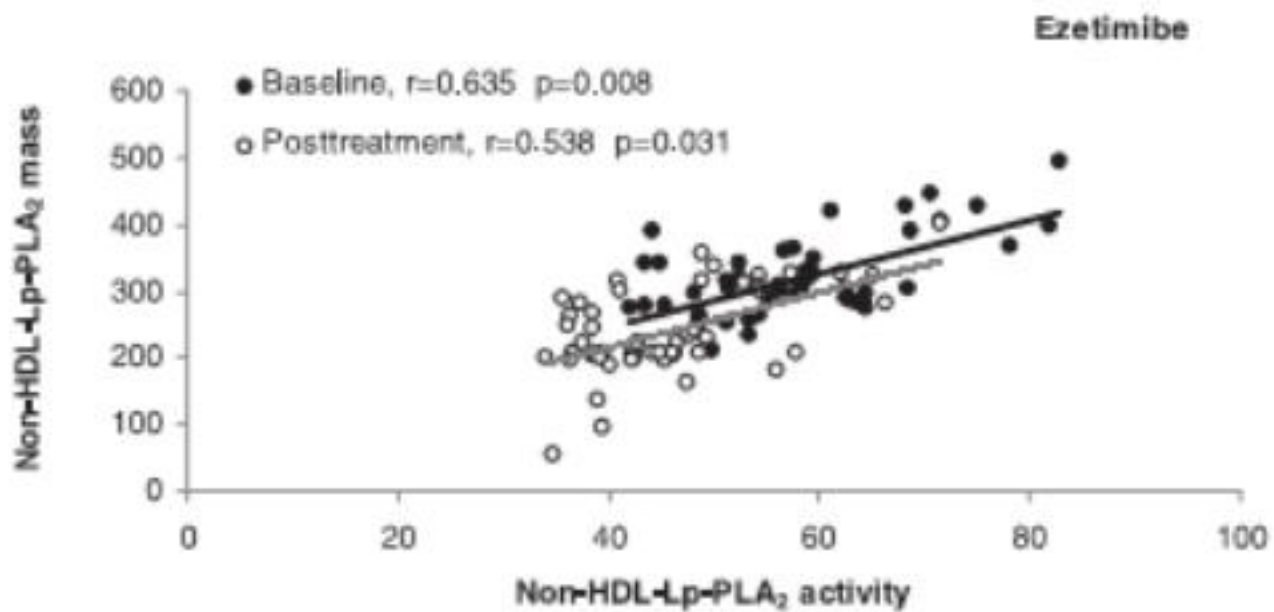
	Ezetimibe (n=50)		Rosuvastatin (n=50)		Fenofibrate (n=50)	
Parameter	Baseline	Posttreatment	Baseline	Posttreatment	Baseline	Posttreatment
Plasma Lp-PLA ₂ activity, nmol/mL/min	59.7 ± 10.5	50.7 ± 8.9*	66.0 ± 15.4	44.6 ± 11.5†	59 ± 13.8	48.2 ± 12.4†
Plasma Lp-PLA ₂ mass, ng/mL	397 ± 72	325 ± 68*	449 ± 59	320 ± 74‡	456 ± 73	310.4 ± 77.2‡
Plasma Lp-PLA ₂ specific activity, nmol/ng/min	0.15 ± 0.04	0.16 ± 0.06	0.15 ± 0.03	0.14 ± 0.04	0.13 ± 0.05	0.17 ± 0.06†
Non-HDL-Lp-PLA ₂ activity, nmol/mL/min	56.7 ± 10.3	48.1 ± 8.8*	63.5 ± 21.4	42.2 ± 16.7‡	55.7 ± 14.0	44.9 ± 12.8‡
Non-HDL-Lp-PLA ₂ mass, ng/mL	324 ± 71	264 ± 54*	386 ± 77	260 ± 52.0‡	411 ± 65	234 ± 73.2‡
Non-HDL-Lp-PLA ₂ specific activity, nmol/ng/min	0.17 ± 0.05	0.18 ± 0.08	0.16 ± 0.04	0.16 ± 0.05	0.13 ± 0.06	0.17 ± 0.08*
HDL-Lp-PLA ₂ activity, nmol/mL/min	2.95 ± 0.82	2.57 ± 0.64*	2.41 ± 0.72	2.40 ± 0.61	2.10 ± 0.80	3.23 ± 0.74†
HDL-Lp-PLA ₂ mass, ng/mL	72.7 ± 21.5	61.1 ± 19.8*	63.0 ± 24.3	57.2 ± 19.8	49.5 ± 16.5	76.4 ± 30.6†
HDL-Lp-PLA ₂ specific activity, nmol/ng/min	0.04 ± 0.01	0.04 ± 0.02	0.04 ± 0.01	0.04 ± 0.01	0.04 ± 0.02	0.04 ± 0.01

Data represent the mean ± SD. *P < 0.05, †P < 0.01, and ‡P < 0.001 compared with baseline values.

Arterioscler Thromb Vasc Biol. October 2007



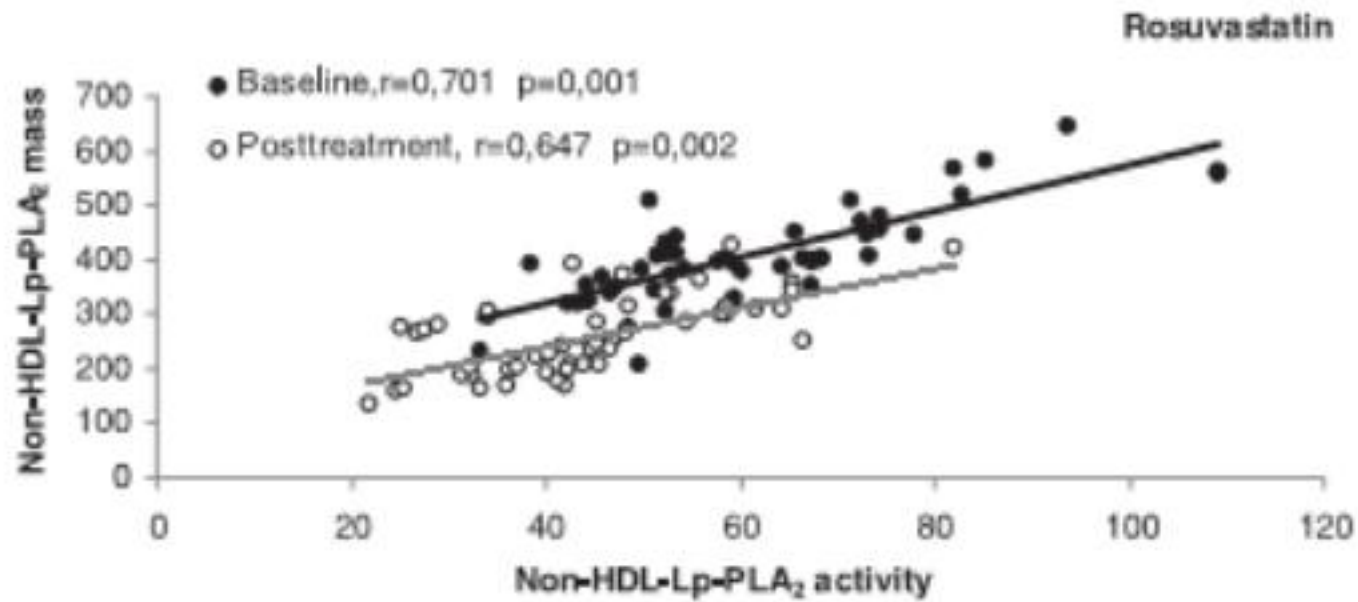
北京大学人民医院
PEKING UNIVERSITY PEOPLE'S HOSPITAL



Arterioscler Thromb Vasc Biol. October 2007



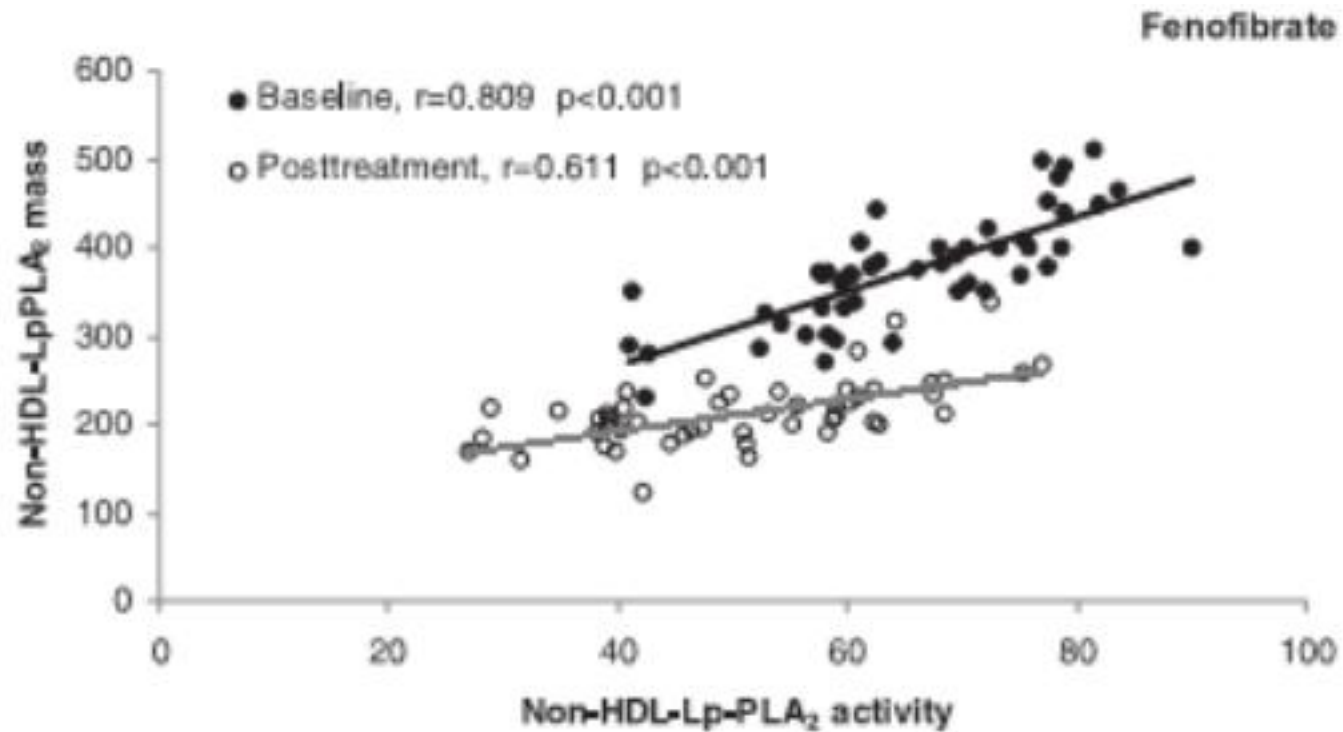
北京大学人民医院
PEKING UNIVERSITY PEOPLE'S HOSPITAL



Arterioscler Thromb Vasc Biol. October 2007



北京大学人民医院
PEKING UNIVERSITY PEOPLE'S HOSPITAL



Arterioscler Thromb Vasc Biol. October 2007



北京大学人民医院
PEKING UNIVERSITY PEOPLE'S HOSPITAL

Lp-PLA2的抑制剂-Darapladib

apoe基因缺陷小鼠体内，Darapladib可以降低Lp-PLA2的活性。

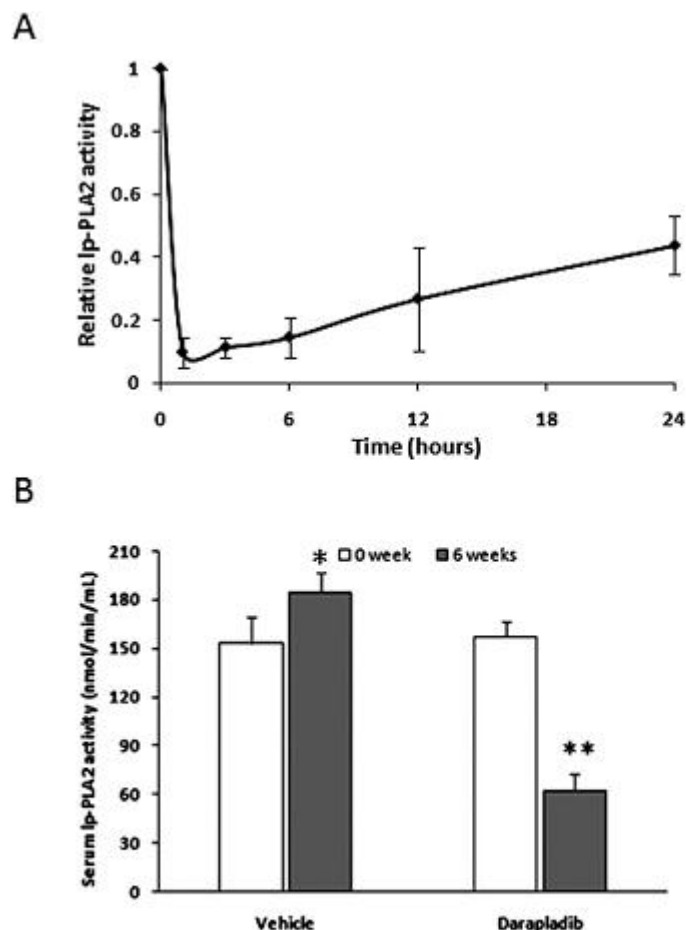


Figure 1. Darapladib significantly inhibits serum lp-PLA2 activity in ApoE-deficient mice. (A). Five apoE-deficient mice were administered with darapladib (50 mg/kg p.o.) and serum lp-PLA2 activity before or 1, 3, 6, 12, 24 hours after administration was measured. (B). Serum lp-PLA2 activity was measured using spectrometry before and at the end of drug administration. **p < 0.01 vs. vehicle at 6 weeks, and *p < 0.05 vs. vehicle at 0 week. doi:10.1371/journal.pone.0023425.g001

Lp-PLA2的抑制剂-Darapladib

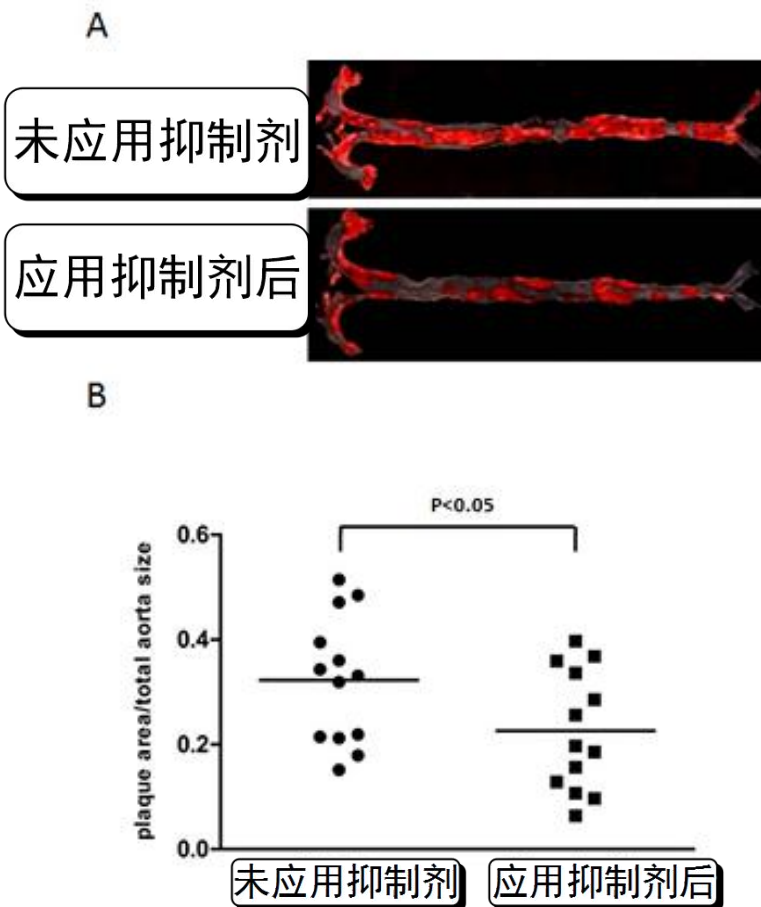
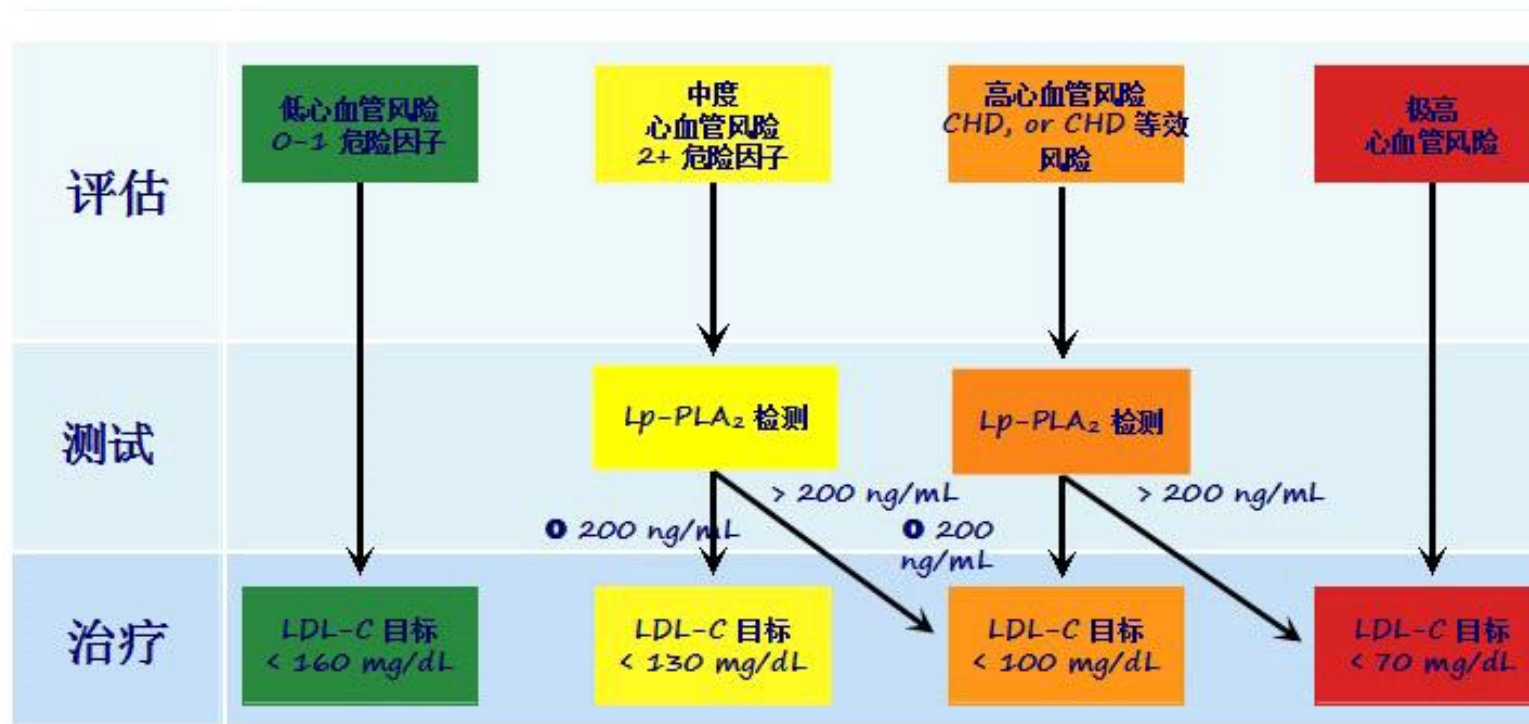


Figure 3. Inhibition of Lp-PLA2 decreases the atherosclerotic area. (A). Representative en face atherosclerotic aorta preparations stained with Sudan IV. (B). Comparison of plaque sizes between the vehicle and darapladib groups (N=13 per group). The area stained with dye is expressed as a percentage of the total surface area. The mean is depicted as a single horizontal line.
doi:10.1371/journal.pone.0023425.g003

- 在apoe基因缺陷小鼠体内，抑制剂Darapladib可以减少斑块形成。

专家组一致推荐使用Lp-PLA₂ 检测



- 最初使用传统危险因素评估确定为中度和高度风险的个体，经PLAC 检测其心脏病和中风的风险。
- 这些个体应以更低的LDL-C水平作为治疗目标，因为已有证据表明这样可以进一步减少较高风险的心血管事件。



谢谢！

